



# Key Camping Gear - First Time Camping Checklist

## Camping Essentials

- ☐ Tent + stakes
- ☐ Ground tarp or footprint
- ☐ Sleeping bag (temperature-appropriate)
- ☐ Sleeping pad or inflatable mattress
- ☐ Pillow or compressible alternative

## Cooking & Food Supplies

- ☐ Camp stove or grill + fuel
- ☐ Pots, pan, utensils, plates, bowls
- ☐ Cooler with ice packs
- ☐ Reusable containers or zip bags
- ☐ Lighter + waterproof matches

## Lighting & Power

- ☐ Headlamp or flashlight (extra batteries)
- ☐ Lantern for ambient light
- ☐ Power bank for devices

## Clothing & Footwear

- ☐ Moisture-wicking base layers
- ☐ Warm jacket (fleece or puffer)
- ☐ Waterproof outer shell
- ☐ Hiking shoes or boots
- ☐ Extra socks and underwear

## Toiletries & Health

- ☐ Biodegradable soap + towel
- ☐ Toothbrush, toothpaste
- ☐ Sunscreen + insect repellent
- ☐ Toilet paper + trowel



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☐ First aid kit

### Optional Extras

☐ Camping chair or foldable stool

☐ Notebook or book

☐ Map or compass

☐ Reusable water bottle

☐ Trash bags - Leave No Trace!